

# Biweekly Bulletin

July 14, 2017

## Training Camp 2017 a success!

Thank you for your participation at this year's training camp at Brigadoon Village and Aylesford Lake! Photos have been posted to the Nova Scotia Lifeguard Service Facebook page @NSLifeguard. Feel free to tag yourself and share any photos!

## Equipment Orders

All equipment that was backordered is in! If you need any more personal equipment, please contact NSLS Special Events Officer, Sam Clarke, at Sam.Clarke@smu.ca.

## Pay Deductions

You will begin to notice equipment deductions off your pay over the next couple of pay periods, from personal equipment you purchased through the order form.

I will try and keep deductions under \$100 per pay period, but it may go slightly over in some cases. If you have any questions do not hesitate to email me at:

Sara.Jennex@nsls.ns.ca.

Hope everyone is having a great start to the summer!

— Sara :)

## Lifesaving Sport Events

- The 2017 Nova Scotia Lifesaving Sport Series Round #1 will be on **July 19th** at Point Michaud Beach, CB, from 1 - 5 p.m.

Registration for this event can be found on the NSLS website at <http://www.nsls.ns.ca> → “Upcoming Events” → “Nova Scotia Lifesaving Sport Summer Events.”

### CALL FOR ATHLETES FOR UPCOMING COMPETITIONS:

- ⇒ Quebec Provincials (Sat., Aug. 12 - Sun., Aug. 13)
- ⇒ Parlee Beach Competition (Mon., Aug. 14)
- ⇒ Canadian Surf Lifesaving Championships (Fri., Aug 25 - Sun., Aug. 27)

TO REGISTER FOLLOW THIS LINK: <https://goo.gl/forms/v6xbDMY4iD2qzo393>

## **Volunteers Needed — National Drowning Prevention Week 2017**

The Lifesaving Society Canada designates the third week in July as National Drowning Prevention Week (NDPW) to focus community and media attention on the drowning problem and drowning prevention. **This year’s NDPW will run from July 16 to July 22.**

Get involved with NDPW 2017 in Nova Scotia — this can count as your Community Outreach Project! **We are in need of volunteers for the following events:**

**Thursday, July 20: “Lifejacket Day”** on the Halifax Waterfront—help out with life-saving relays and raising water safety, drowning prevention and lifejacket awareness! (12 - 3 p.m.)

**Saturday, July 22: Walk in the Pride Parade with the Lifesaving Society!** (11 -

**\*If interested in volunteering for either of these events, email the NSLS Public Relations Officer, Klara Needler, at [Klara.Needler@msvu.ca](mailto:Klara.Needler@msvu.ca).\***

**\*To view the NDPW 2017 Information package with suggested daily themes for Nova Scotia, go to [www.nsls.ns.ca](http://www.nsls.ns.ca) → “News Centre” → “Staff Bulletins”\***

## **SNAPCHAT FILTER — National Drowning Prevention Week 2017**

There will be a NDPW 2017 snapchat filter at the following beaches throughout the week during hours of supervision (10 a.m.—6 p.m.):

Sunday, July 16	Rainbow Haven Beach
Monday, July 17	Melmerby Beach
Tuesday, July 18	Rissers Beach
Wednesday, July 19	Lake Milo
Thursday, July 20	Mira Gut
Friday, July 21	Queensland Beach
Saturday, July 22	Aylesford Lake



**\*If your beach has been selected to have a snapchat filter for a day, encourage beach-goers to get snapping and to use the NDPW 2017 filter! \***

**\*Post your photos to social media with the #NDPW2017, and tag @NSLifeguard and @NovaScotiaLifesavingSociety, with a water safety tip caption!\***

## Aussie Exchange

Initiated in 1986, the Australian exchange program is a reciprocal work exchange program that provides Nova Scotia Lifeguard Service staff with the opportunity to lifeguard in Wollongong, Australia. Each year, a NSLS lifeguard will work during the Aussie summer holidays from mid-December to the end of January. Then an Australian lifeguard works during July and August on Nova Scotian beaches.

All applicants must include a one-page letter indicating the reasons they should be selected. Applicants must also complete Wollongong City Council's standard fitness testing:

- One-mile run in less than 6:30
- 800 m pool swim in less than 12:00

Other criteria considered for selection:

- Ability to obtain a valid passport and Australian visa
- Willingness to pay for transportation (approx. \$2000)
- Experience working in surf combined with good fitness skills
- Ability to adapt to new lifeguarding methodology and techniques
- Ability to be an ambassador for the NSLS

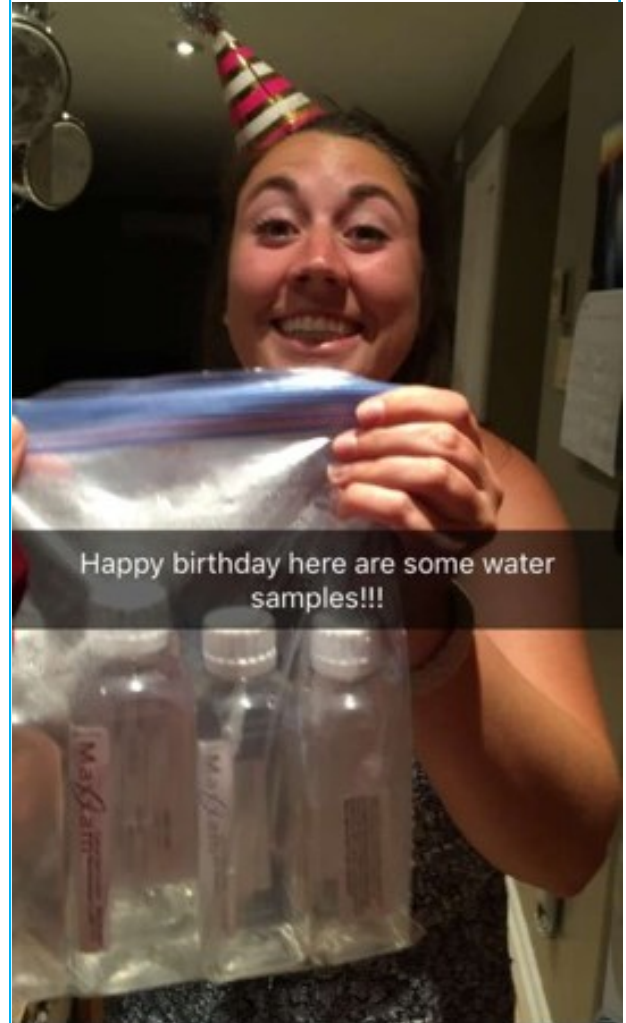
**Applications must be sent to NSLS Director, Paul D'Eon, at paul.deon@nsls.ns.ca by:**

**September 5, 2017 @ 5 p.m. ADT**

**\*\*Only open to NSLS staff\*\***

## Water Samples

**If you have any water sample questions...  
Call or text Myriska.**



**A BIG thank you goes out to Nova Scotia Power for their generous sunscreen donation of 19 x 1 litre bottles! Remember to be sun smart this summer and always apply your SPF! ☀️**